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Royal Government of Bhutan
Ministry of Education



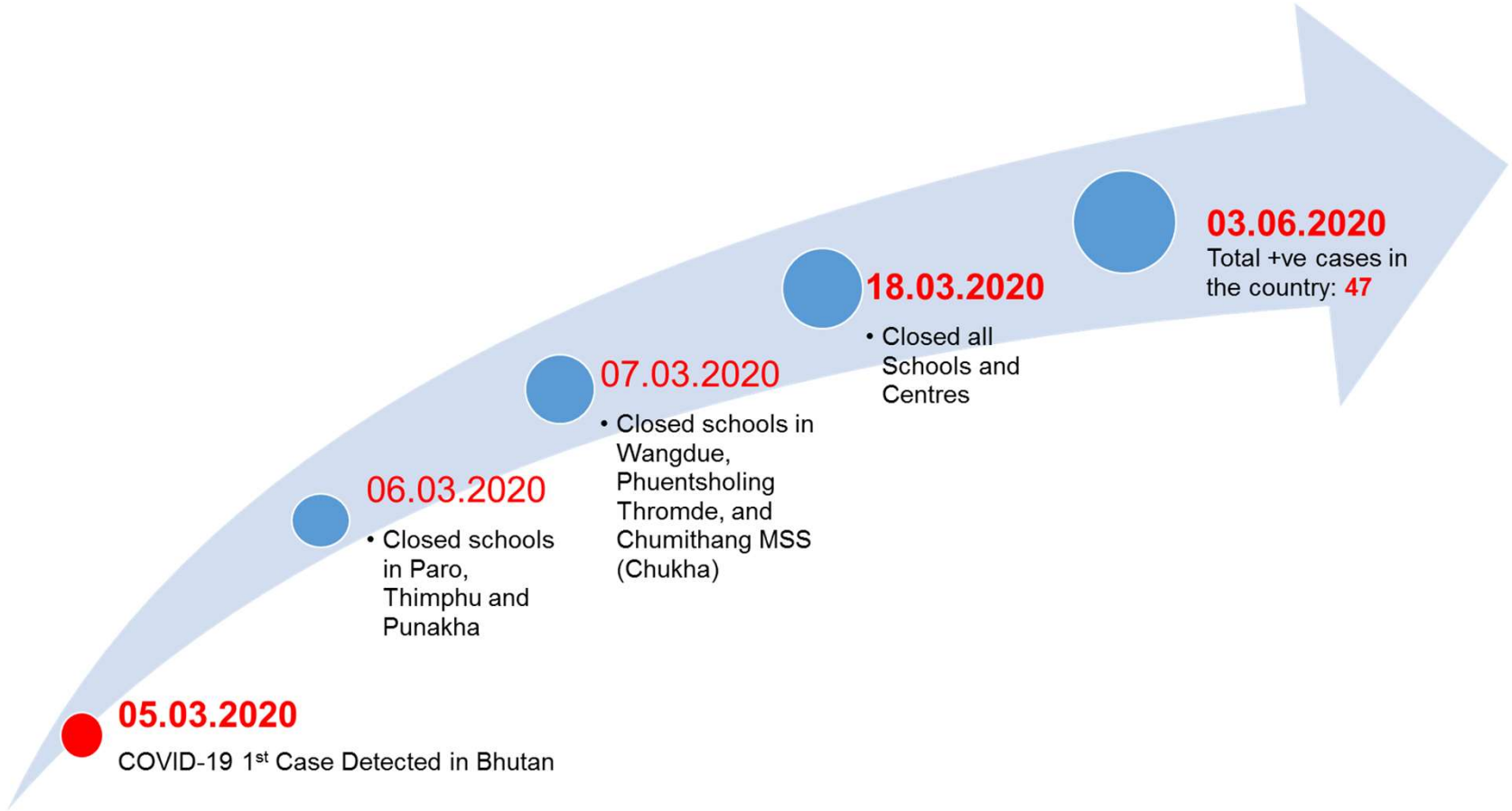
Healthy meals and habits to keep away COVID-19

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Background



Milestones during COVI-19 pandemic ~

Response ~

- On 2nd May 2020 - Food Corporation of Bhutan Limited reported that , it has stockpiled enough ration in different regions to last for six months for the whole population of Bhutan, if nation is come under severe lockdown for longer time
- His Majesty the King granted ration to needy families through districts
- Ministry of Education and World Food Program in Bhutan developed balanced diet information card and distributed to schools
- Government encouraged financially affected group of citizens to start domestic cultivation of vegetables, and it was huge success



The new normal ~

- Throughout the kingdom , schools with classes IX – XII resumed face to face teaching from September
- Students from high risk zone got relocated to safe zones with boarding facilities supported by the His Majesty and government. All the relocated students receive 3 meals. Total of 4 schools got relocated from high risk zone.
- Girls receive sanitary pads as special support
- All the relocated students receives fortified rice and oil as special supplement along with other boarding students
- Schools follow strict health protocols for the safety
- As cold Winter approaches, District administration are making special arrangements for children



Source of inspiration for every Bhutanese

TOGETHER WE CAN DEFEAT COVID-19

"As a small country with a small population, we can overcome any challenge we are faced with, if the people and the government work together."

~ His Majesty The King, Address to the Nation on 22 March 2020

**STOP
COVID-19**

- Wash your hands often
- Stay at Home
- Maintain physical distance (3ft)
- Healthy Lifestyle